



ABERDEEN LOCAL AREA CO-ORDINATION FULLY SUPPORT AND FOLLOW THE SCOTTISH GOVERNMENT'S "THE KEYS TO LIFE" POLICY WHICH SEEKS TO IMPROVE THE QUALITY OF LIFE FOR PEOPLE WITH LEARNING DISABILITIES. MORE INFORMATION ON THIS POLICY IS AVAILABLE AT SCOTLAND.GOV.UK.

Providing stepping stones for people with learning disabilities

 LOCAL AREA CO-ORDINATION
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ABERDEEN
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 INFO@ABERDEENLAC.CO.UK

 ABERDEENLAC.CO.UK

IN PARTNERSHIP WITH



**ABERDEEN LOCAL AREA
CO-ORDINATION (LAC) IS A
FREE SERVICE FOR PEOPLE
WITH LEARNING DISABILITIES
LIVING IN ABERDEEN CITY.**



LAC BELIEVE THAT PEOPLE WITH LEARNING DISABILITIES SHOULD BE ABLE TO PARTICIPATE IN ALL ASPECTS OF COMMUNITY AND SOCIETY. WE WORK WITH INDIVIDUALS, PARENTS AND CARERS TO DEVELOP SKILLS FOR INDEPENDENCE. LAC HELP TO BUILD CONNECTIONS AND NETWORKS IN LOCAL COMMUNITIES BY PROVIDING SUPPORT FOR INDIVIDUALS TO ACHIEVE THEIR DESIRED OUTCOMES. LAC PROVIDE SUPPORT FOR INDIVIDUALS OVER THE AGE OF 16 WHO HAVE A LOW TO MODERATE LEARNING DISABILITY.

WE

WORK WITH INDIVIDUALS TO HELP BUILD CONFIDENCE AND MOVE TOWARDS A MORE INDEPENDENT LIFE



CONNECT TO NEW ACTIVITIES + EXPERIENCES



LEISURE + SOCIAL ACTIVITIES



SOURCING VOLUNTEERING + TRAINING OPPORTUNITIES



INDEPENDENT TRAVEL TRAINING



SOCIAL NETWORK BUILDING

**WHAT
YOU CAN EXPECT**



GET IN TOUCH



MEET WITH YOU AND YOUR FAMILY TO ASSESS HOW LAC CAN HELP YOU



SIGNPOST TO HELPFUL RESOURCES OR PLAN THE SUPPORT WE CAN PROVIDE



DELIVER SUPPORT



EVALUATE SUCCESS OF SUPPORT



LOCAL AREA CO-ORDINATION IS THE LINK TO FIND THE HELP YOU NEED. IF LAC CANNOT PROVIDE SUPPORT, THEN THEY SIGNPOST TO A SERVICE THAT CAN.